

THE IMPORTANCE OF MORAL EDUCATION IN THE MANAGEMENT OF HIGH SCHOOL CLASS TEACHERS

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ABSTRACT

The head teacher of a senior high school plays an important role in managing students, who should not only pay attention to the management of class disciplines and learning achievements, but also strengthen the guidance of students' psychology, thoughts and values. While paying attention to students' learning, the head teacher also needs to provide help for the healthy development of students' life, thoughts and feelings, so as to meet the new requirements of education in the new era, who also provides effective guarantee for promoting the healthy and comprehensive development of students. Based on this, senior high school head teachers should improve their understanding in educational management, combine the characteristics of the development of the times, the psychological characteristics of senior high school students and the problems existing in the educational management of head teachers at the present stage, innovate the educational management modes, and follow the principles of managing, summarizing and improving at the same time, so as to better improve the educational management effect of head teachers and ensure the comprehensive development of students. This article studies the effectiveness of improving the head teacher on educational management in high school.

Keywords: Effectiveness, Head Teacher, Educational Management, High School

INTRODUCTION

The class is the place where students study and live, and the head teacher is the direct manager of the class. To a certain extent, the quality of class management depends on the quality of the head teacher's management. Senior high school education is the end of basic education and is also the starting point of higher education. The importance of Senior high school education in has reached an unprecedented level in society.

Generally speaking, it is easy to manage the class of students with better grades, because these students have good habits, good learning abilities, and can abide by the school rules and disciplines strictly, but it makes higher requirements for the head teacher to guide students to establish personalized learning methods, and solve psychological problems.

On the other hand, it is difficult for the head teacher to manage the students with worse grades, because most of these students have poor learning habits and living habits, who do not pursue high or even no goals in thought. They are afraid of hardship in action, and have great deficiencies in knowledge and ability. A large part of the head teacher's energy is spent on maintaining and handling class affairs. However, no matter what kind of class garbage, the purpose of education is to enable students to develop comprehensively in terms of morality, intelligence, physical fitness, beauty and labor. Therefore, class management focuses on the development and growth of students. (Han Yunchao,2021)

The students of high school have the abilities to distinguish between truth and falsehood. The head teacher should manage the class like a friend and communicate with students in time from the perspective of the elderly. In addition, in the process of class management, the head teacher should communicate more with teachers in various subjects and parents, so as to better manage students. The management concept of the head teacher has a great impact on students, so the head teacher must think carefully when implementing the class management strategy. (Zou Chunyan,2022)

The Current Situation of Educational Management of The Class Teachers in High School

1. Students have rebellious psychology

High school students are in a relatively sensitive period of psychological growth. Most students have a strong sense of self-expression, have a certain degree of adventure and exploration in judging things, have poor self-control ability, and are not easy to listen to others' opinions (especially teachers and parents), and are more likely to have conflicts or quarrels with teachers and parents.

2.Incomplete family education

The education of students can not be realized only by schools, but also by parents and schools. Among them, family education is the main battlefield for the healthy growth of students. The formation of students' personality and world outlook is more affected by parents. At present, some parents are too busy with their work to communicate with their children and lack correct guidance, but they think that the problems of their children are caused by school education or teachers' lack of discipline; Some parents fail to correctly guide their children's mistakes and blindly criticize and accuse them, resulting in children's reluctance to communicate with their parents, or even escape from their parents. These factors will lead to the imperfection of family education, which will have a negative impact on students. (Ma Ni,2020)

3.Too much pressure on students to study

Learning pressure is a psychological problem that almost all students will face. Regardless of their grades, students will show some "abnormal" phenomena under the pressure of learning to varying degrees: dropping books, smashing the table, complaining, being short of temper, emotional ups and downs, depression, sensitivity, interpersonal tension, poor sleep quality, endocrine disorders, poor physical quality of the body, etc. If these conditions can not be timely and effectively intervened, it may lead to a more serious psychological crisis for the individual, and even affect his or her future healthy development. (Bai lihua,2019)

Improve The Comprehensive Quality of The Head Teacher

In the process of high school class management, the head teacher has the most contact time with students, is the leader of the class, and is also the main imitation object of students. Therefore, the words and deeds of the head teacher directly affect the students in the class. The head teacher should not only preach in words, but also practice in the process of education. The head teacher must clearly understand his own particularity and significance in teaching management, constantly strengthen his own ideological and moral quality and work skills, establish a positive, positive and sunny image, and avoid bringing

negative effects to students when dealing with relatively complicated problems. The cultivation, character and knowledge of teachers can easily exert a subtle influence on the development of students. If teachers' words and deeds are not correct, it is difficult to establish good prestige, which is not conducive to the class management. Therefore, the high school head teacher should achieve self-respect, self love, self-confidence, self modesty, and attract students with their good behavior; Convince students with modest and elegant manners and open and aboveboard behavior; Before putting forward the requirements to the students, they should do it by themselves, so as to teach them by words and deeds in a real sense. This is conducive to the implementation of class management, creating a good foundation for class management, and achieving twice the result with half the effort.

A head teacher should change the educational concepts. Under the pressure of the college entrance examination, the traditional education concept still shackles a large number of teachers. The teacher sings and instills knowledge in one direction, and the students passively accept knowledge, such as storing, accumulating knowledge in a warehouse, and taking the given answer as the final and only conclusion, so that the students become the slaves of books and scores. There are also teachers' rigid class management methods, which blindly use moral and discipline standards to restrain students; Many teachers are not good at making use of students' non-intelligence factors, and students' creative thinking cannot be produced. Therefore, the transformation and renewal of teachers' educational concepts are particularly important.

A head teacher should understand the psychological characteristics, motivation, and problems of problem students, understand the basic principles of school psychological counseling (such as the principle of equal friendship, the principle of understanding and respect, the principle of education, the principle of individual differences, etc.), counseling methods, general procedures and skills, and the problems to be noticed, understand the general methods of psychological counseling, and combine their own educational practice, Constantly improve their mental health education ability. (Wu Ruomei, 2011)

Strengthen Class Educational Management

1. Strengthen routine management and create a strong learning atmosphere

The strengthening of routine management can start from three aspects of routine management of the class, namely discipline, hygiene and extracurricular activities. First of all, the head teacher strengthens the students' sense of discipline in management, which helps to create a tense and orderly learning atmosphere. A large number of facts have proved that whether to observe discipline or not can reflect the mentality of a student. We can judge the way of thinking and inner changes of students through their discipline performance. The more tense learning is, the more discipline needs to be strengthened. The tense and orderly discipline enables students to have tense and orderly behaviors, thus creating a tense and orderly learning atmosphere. In this regard, students can take the form of self-management and co-management. Everyone is the master and everyone supervises. Let students take discipline as their pride, punctuality as the criterion, and ensure the efficiency of learning with a strong sense of time and collective awareness. Secondly, pay attention to hygiene management, put forward higher requirements for students' personal appearance, dormitory hygiene and classroom hygiene, and create a comfortable living and learning environment. Small to students' desks and tablets, large to classroom layout, all strive to be simple and orderly, highlighting the characteristics of the college entrance examination. For example, the number of books placed on the students' desks should not be too many. They should be practical and should be neat and beautiful as far as possible; Regularly design and paste learning objectives and celebrity quotes on the desktop to inspire people at any time; The layout of the classroom is the responsibility of special personnel in turn, careful preparation, and regular replacement, such as

the release of the college entrance examination information in the learning park, and the introduction of the characteristics of famous schools. In this environment, students are refreshed and actively participate in the competition, which naturally creates a good learning atmosphere. Finally, we should pay attention to physical exercise in and out of class to keep students energetic. Students are required to pay special attention to the quality of physical education classes, attend every activity class, get up early, run and exercise, take a walk after dinner, and carry out some appropriate friendly competitions, so that students can really achieve the combination of physical and intellectual, relaxation and tolerance.

2. Establish a sense of goal and step by step

The head teacher should work with the teachers to help students set the goals of the class and their own, and build a multi-level target group. For example, to formulate and implement three-level objectives: first, to determine the performance objectives of the class college entrance examination according to the college entrance examination indicators issued by the school's competent department and the actual situation of students; The second is to guide students to clarify their own goals for the college entrance examination, so that students can have ideals, firm beliefs and do a good job of revision; Third, students are required to formulate feasibility study stage objectives according to their actual situation, which are specific to daily, weekly, monthly and each exam, so that students can have a clear target and step by step. The goal must be feasible. It is too high to be expected, which makes people lose confidence; It is too low and can be obtained without effort, which makes people overconfident. Only when feasible can it be meaningful and stimulating. Three strategies can be implemented to formulate objectives: the first step is to establish a level; The second step is to help students.

Students should accept the objectives, keep the flexibility of the indicators, and let students be confident and clear about the direction; The third step is to monitor, correct and evaluate the objectives in the whole process. This process will ensure that students have the most (Zheng Shengxia, 2016)

Take Scientific and Effective Psychological Guidance for Students

1. Carry out group psychological counseling based on emotional counseling

In the process of psychological counseling, we pay special attention to the investigation and observation of students' emotional problems. As the time and energy of senior three students are extremely limited, we need to develop a class group psychological counseling program with emotional counseling as the main line, and determine clear goals and contents. I think there are two main objectives of group psychological counseling before the college entrance examination. One is to help students correct cognitive bias and establish correct emotional concepts through theoretical explanation and activity experience; The second is to master some methods of emotion management through practical operation training. The combination of theoretical explanation with activity experience and practical training will penetrate some emotional theories into the explanation and activities of each class, help students gradually establish correct emotional concepts, and experience and learn the emotional management mode of awareness - acceptance - expression (reasonable catharsis). For example, in the awareness activities of emotion, the view that "emotion itself is not good or bad" and "negative emotion has positive value" is permeated, encouraging students to express their emotions bravely and learn to accept their emotions. In the emotion release activities, the emotion theory of "emotion is a kind of energy", "there is no bad emotion but the emotion that is not respected", and "the unreleased emotion will hurt people" are permeated, and the principle of emotion release is used to create a safe environment for students. Through a series of gradual activities, their emotions can be released safely and reasonably, which is equivalent to unblocking the channel of emotions and allowing emotions (energy) to flow naturally.

Through the analysis of the phenomenon of "learning plateau period", let them understand that whether it is learning or skill training, there will be a temporary pause at a certain level or decline. So they are in many states at present. For example, no matter how hard they work during this period, their grades have been stagnant, sometimes they will suddenly drop, and this will bring some emotional problems, such as feeling depressed, depressed, upset, lost, empty, etc., resulting in low learning efficiency, brain fatigue, total insomnia, etc. These are normal "plateau reactions". As long as you adjust your learning strategies in time according to your actual situation, and pay attention to the combination of work and rest, you can break through the plateau phenomenon after a period of time, and you can also see the improvement of your learning performance. This concept makes some students feel relieved about their current predicament.

Use the emotional ABC theory to let students discuss and share their understanding and views on the college entrance examination and stress, so that they realize that the college entrance examination is just their life

An experience of is "the touchstone of life". Take this question as a starting point, let them test their worries, check whether their ideas are reasonable, and change

Change your perception to change your mood. Let students experience that the event itself will not make us have different emotions, but different views on the event will make us have different emotions, so changing our views on the event can change our mentality, thus adjusting our emotions and behaviors. (Luo Yanfang, 2014)

Strive for The Cooperation of Parents and Realize Home-school Co-education

As the starting point and basis of all education, family education is an important part of education. It, together with school education and social education, constitutes three levels of education. In class education management, if we can use reasonable strategies and methods to guide family education, make it closely cooperate with class management, and realize home-school co-education, it will certainly promote the smooth progress of class management and the improvement of education quality.

1. Give full play to the role of parents' meeting

Parents' meeting is the main form of home-school communication. The head teacher should make full use of parents' meeting to communicate with parents. We should carefully prepare materials, make multimedia courseware, and carefully arrange The agenda enables the parents' meeting to effectively play the role of home-school communication. The first parents' meeting should let parents know how to cooperate with school education. For example, parents are required to visit their children at least once a week; Call your child at least twice a week; Contact the head teacher in time when finding problems; Supervise and urge children to complete holiday homework; Cooperate with the school to strictly abide by the leave system. Parents' meeting can also be used as a platform to display the achievements of all aspects of the class and the deeds of outstanding students; Invite parents to share successful family education experience; Ask parents for suggestions on class management, etc. (Hou Guangkuo, 2021)

2. Strengthen daily home-school contact

In addition to the parents' meeting, the teacher in charge of the class usually feeds back students' school performance through parents' groups, telephone home visits, parents' Sunday visits and other opportunities. For example, after each simulated test, send the results to the parents' mobile phone in time, and tell the parents to analyze the children's results by referring to the average score of the class; Timely display students' learning and life dynamics in the parent group. In short, the construction of class

collective is a subject worthy of exploration. It requires not only the efforts of class teachers, but also the joint efforts of teachers and parents. The education and teaching work of the third grade is full of pressure and challenges. The head teacher of the third grade should use educational wisdom and management art to do a good job in class management, create a positive and enterprising class group, and lead the whole class to always hold the belief of winning, and steadily advance towards the goal of the college entrance examination. (Wang Caixia, 2021)

CONCLUSION

The work of a head teacher is very complex and important, and can play an important role in the future development of students. Therefore, as head teachers in high school, we should constantly learn and innovate our own experience, explore management methods that can really help students in the actual combat, pay attention to the time management of students, communicate with students more and create a class environment that can promote students' growth. Only in this way can we promote students' better growth and make the educational management of the head teacher in high school effectively.

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